

# SCC HISTORICAL TRAUMA

## PART ONE

FEBRUARY 2017

**“Fire that is beginning to stand”**

*Biskanewin Ishkode*

*Iskowitz Kahmahch Opikik*

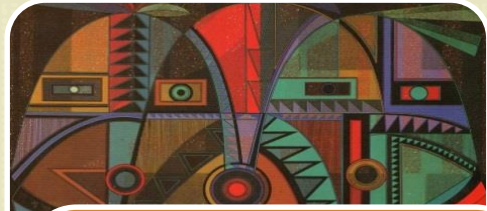
**--V.P. Allery, Ph.D.**

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# HISTORICAL TRAUMA

The adverse effect of this history carried down from generation to generation is known as historical trauma. **Maria Yellow Horse Brave Heart**, widely regarded as the “mother of historical trauma” by Native Americans, describes **historical trauma as *the cumulative emotional and psychological wounding over one’s lifetime and from generation to generation following loss of lives, land and vital aspects of culture.***

# 3 COURSES



## Biskanewin Ishkode (Course One)

- Unit 1: Nowhere Left to Go
- Unit 2: Rewriting our Story: A Hero's Journey
- Unit 3: Recovery and Wellness



## Biskanewin Ishkode (Course Two)

- Unit 1: The Cycle of Trauma and Addiction
- Unit 2: Ethnic Identity: Who am I as a Native Person?
- Unit 3: Bimadziwin: The Good Life Path



## Biskanewin Ishkode (Course Three)

- Unit 1: Phenomenology: Researching Our Stories
- Unit 2: Collecting our Stories
- Unit 3: Creating New Stories

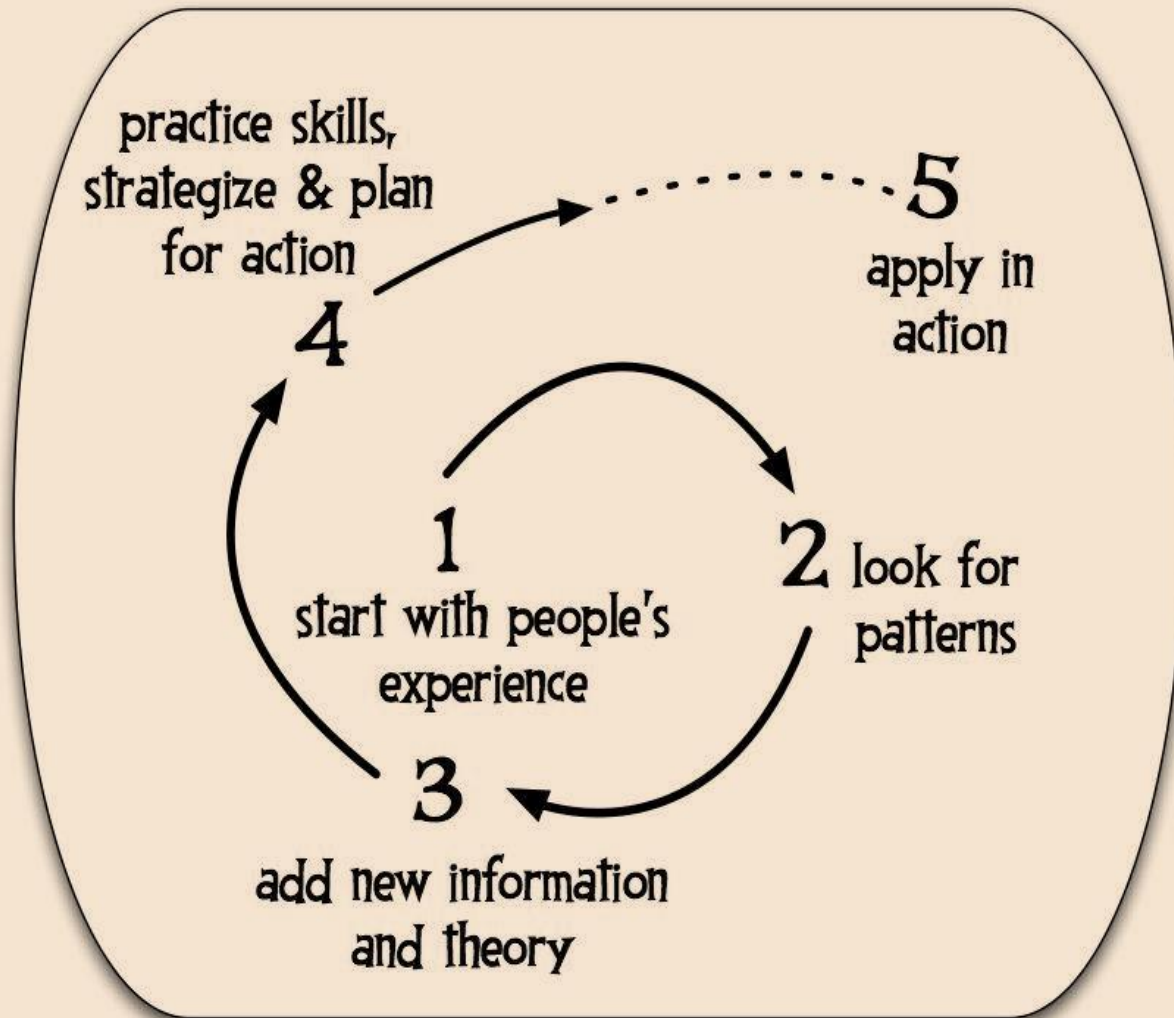
# Three Stages of Understanding by Design

**1. Identify desired results:** Outcomes that challenge students to think.

**2. Determine acceptable evidence:** Authentic Assessments integrating real world experiences.

**3. Plan learning experiences & instruction:** Multimedia Lessons

# Spiral Model



# WE BELIEVE...

- Education is an effective way to heal from our historical trauma of loss of land, loss of people, and loss of family and culture. **(Course One)**
- Each person must take responsibility for self-healing. **(Course Two)**
- Healing takes place within the context of community because we are a communal culture. **(Course Three)**

# TEACHING ...

- **Experiential:** Bridging theory with the “real world” practice.
- **High Context:** Multi-media with variety of visuals so students can observe and listen.
- **Interactive:** Processing in small and large group formats.

# HEALING...

## 1. COMING WITH GRATITUDE

Become more present to the wonder of being alive in this amazing world.

## 2. HONORING OUR PAIN

Dedicating time and attention to honoring our pain ensures space for grief, outrage, and sorrow. This caring derives from our interconnectedness with all of life ( a core Native belief).



# HEALING...

## 3. SEEING WITH NATIVE EYES

It opens us to a new view of what is possible and a new understanding of our power to make a difference.

## 4. GOING FORTH

Involves clarifying our vision of how we can act for healing of our world, identifying practical steps that move our vision forward.



## **Biskanewin Ishkode (Course One)**

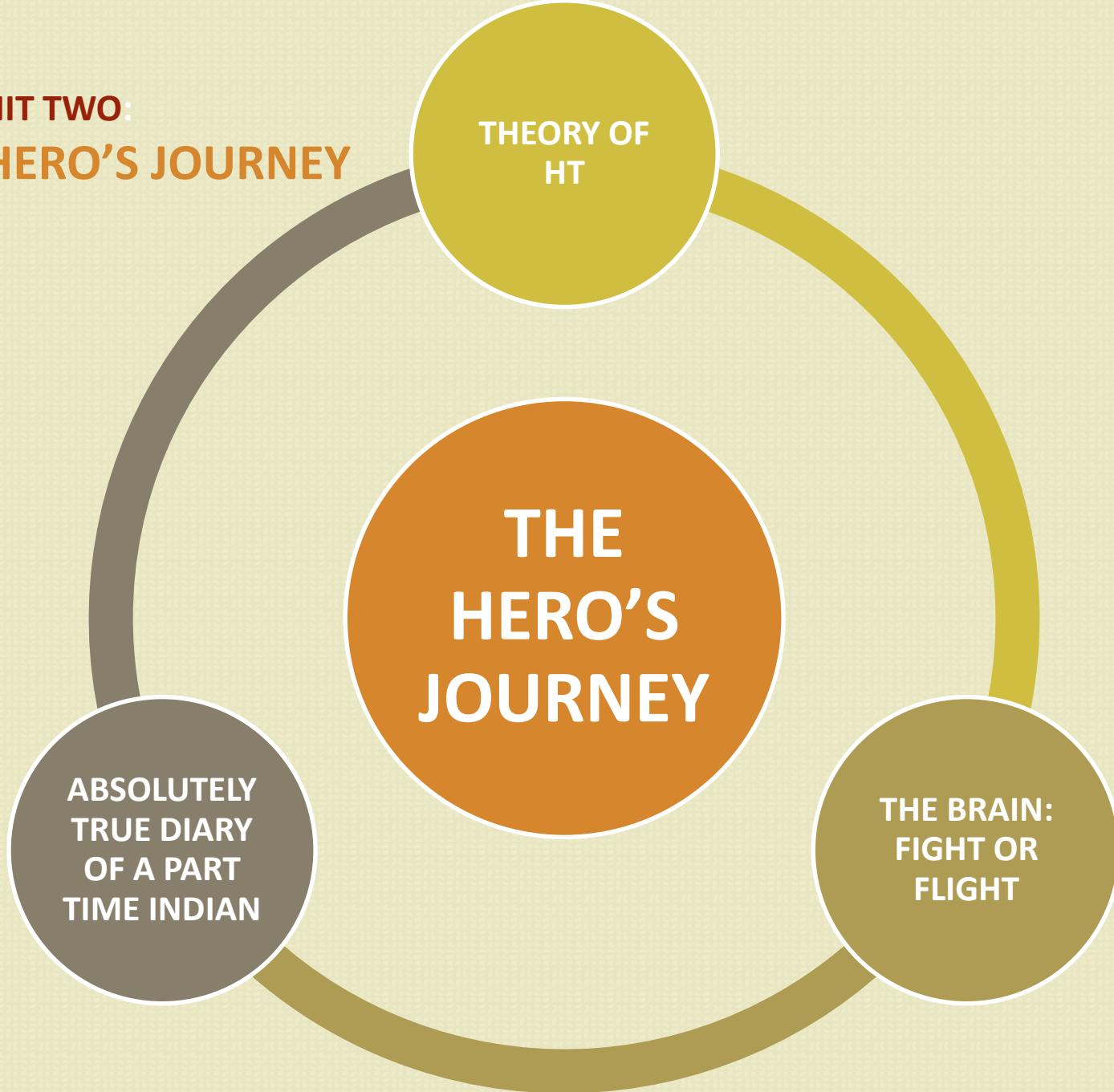
- **Unit 1: Nowhere Left to Go**
- **Unit 2: Rewriting our Story: A Hero's Journey**
- **Unit 3: Recovery and Wellness**

## *Course 1: Unit 1:*

### *NOWHERE LEFT TO GO*

- **1850-1916:** The Cree, Chippewa and Metis Struggle to find a place to live.
- [UBD Course 1 Unit 1.pdf](#)
- TRAUMA
  - “There is no center any longer and the sacred tree is dead.” (Black Elk)

**C 1: UNIT TWO:**  
**THE HERO'S JOURNEY**



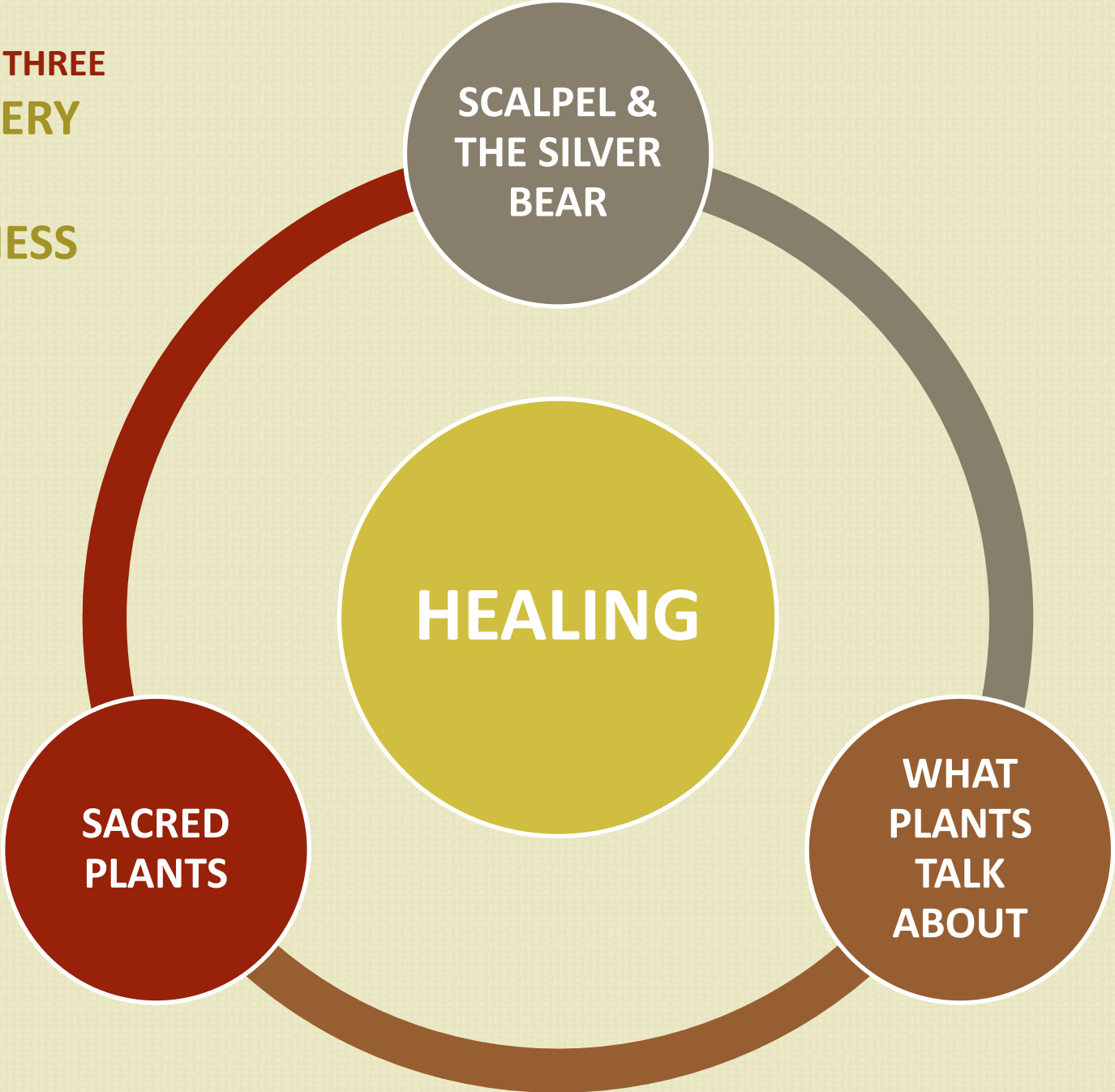
# Course 1: Unit 2: Rewriting Our Story, a Hero's Journey

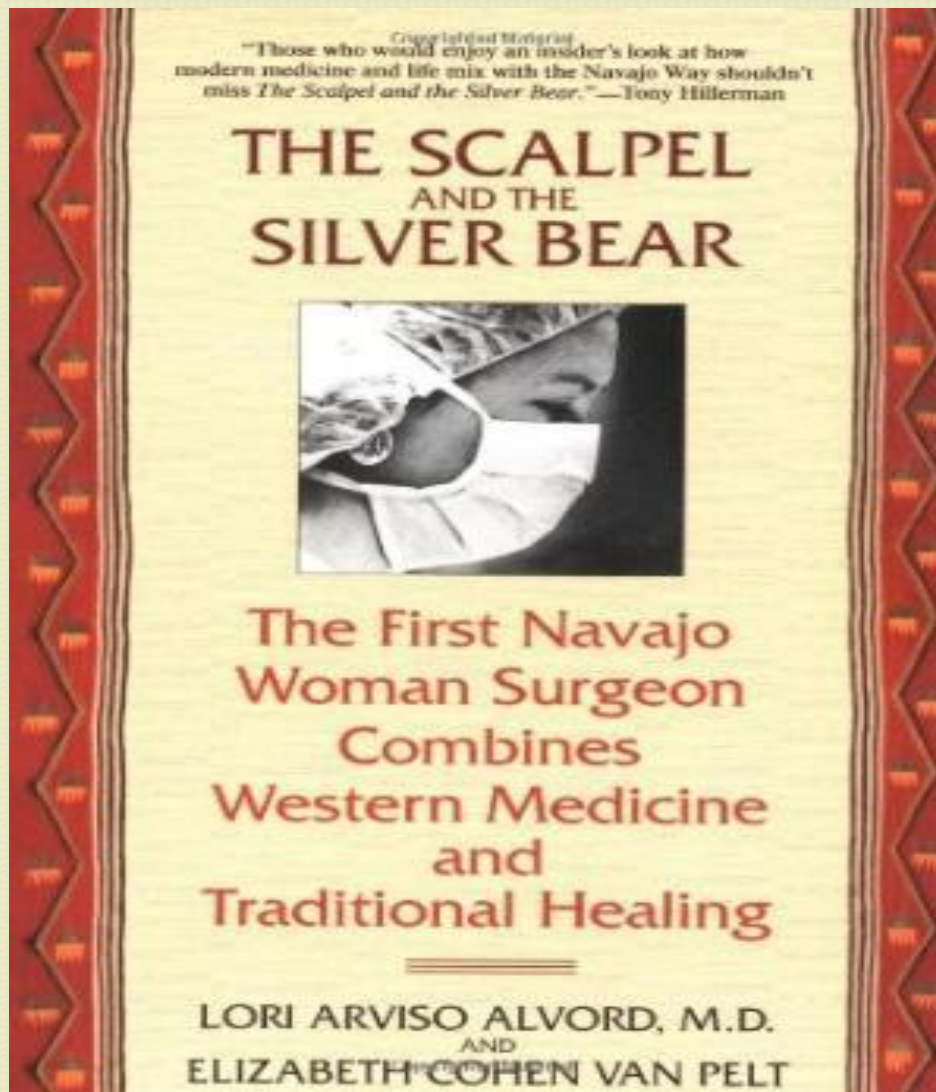


<https://www.youtube.com/watch?v=Hhk4N9A0oCA>

[UBD Course 1 Unit 2.pdf](#)

**C1: UNIT THREE**  
**RECOVERY**  
**AND**  
**WELLNESS**





## Course 1 UNIT 3: RECOVERY AND WELLNESS

- [UBD Course 1 Unit 3.pdf](#)

# ESSENTIAL QUESTION

- HOW IS  
CONFRONTING THE  
PAST PART OF THE  
HEALING PROCESS?





# References

1. Kathleen Rice-Brown: *Examining the Theory of Historical Trauma Among Native Americans*
2. Sherman Alexie: *Absolutely True Diary of a Part-Time Indian*
3. Sherman Alexie: *Ten Little Indians*
4. Jay McTighe and Grant Wiggins: *Understanding by Design*.
5. Lori Aviso-Alvord: *The Scalpel and the Silver Bear*.
6. Carolyn Yoder: *The Little Book of Trauma Healing*.